



HEALTH

# Nutritional rehabilitation and dietary change promotion



*A project focused on both nutritional rehabilitation and promoting a change in dietary and healthy behavior.*

 <b>COUNTRY</b> Burundi	 <b>BENEFICIARIES</b> 243.000	 <b>METHOD</b> Awareness / Information
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FUNDING AGENCIES	Netherland Embassy
STARTING DATE	June 2012
IMPLEMENTATION PERIOD	48 months
DESCRIPTION	A project developed in Bujumbura, Bubanza and Cibitoke provinces and focused on both nutritional rehabilitation and promoting a change in dietary and healthy behavior.
OBJECTIVES	<p>The project aims to reduce the infant mortality rate, due to chronic acute malnutrition, in Bujumbura Rural, Bubanza and Cibitoke provinces. Last updated nutritional statistics show high percentages of malnutrition. Specifically, chronic malnutrition reaches 50%, while acute malnutrition is 6.4%.</p> <p>The project focuses on three main points:</p> <ul style="list-style-type: none"> <li>- implementation of Learning and Nutritional Rehabilitation Centres, with a method based on Positive Deviance approach;</li> <li>- support and backing of nutritional monitoring system within the community;</li> <li>- nutritional promotion within the community with the aim to change conduct and strengthen public awareness on malnutrition.</li> </ul>
ACTIVITIES	<p>6 - 59 month old children's nutritional evaluation;          Community mobilization and nutritional evaluation results diffusion;          Enquiry on Positive Deviance, Mamans Lumières - ML selection and training.          Sessions start up in Learning and Nutritional Rehabilitation Centres.          Biannual support to Learning and Nutritional Rehabilitation Centres evaluation meetings in the presence of local Health District Authority, Mamans Lumières, Health Promoters, Nutrition and Food National Integrated Program specialists and health care agents of the community.          Supporting health care agents in dépistage activities - research of pathological phenomenons considered as social evils, like malnutrition indeed.          Biannual support of evaluation meetings concerning dépistage activities.          Nutritional enquiry about mortality in three provinces.          Grand-scale public awareness activity thanks to theatrical shows, quiz, cooking workshops.          Training and awareness campaigns about nutritional promotion sustained by community leaders.          Organization of Mamans Lumières - ML cooking workshops.          CDS staff's training in the field of nutritional promotion.</p>